

## Parent Information Sheet: Neuroscience Evidence

How does music practice link to the **EYFS** curriculum?

Here is how music can contribute to the early learning goals (ELGs).

### Communication and language development

Music helps children to listen attentively and respond in group interactions. Music activities can provoke reactions and communication.



### Personal, social and emotional development

Music helps children to play co-operatively, taking turns, following instructions, handling instruments and learning self-control.



### Physical development

Moving to music and handling instruments provides excellent opportunities for developing physical skills, negotiating space, moving energetically and dancing.



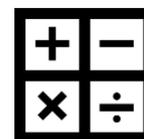
### Literacy

Songs are great to reinforce the concept of storytelling and introduces new vocabulary to children that they might not otherwise have opportunities to explore. It also helps them in retelling the story, discussing the narrative and anticipating events.



### Mathematics

Music and maths are intrinsically linked. Music is made up of recurring patterns and number sequences, and through counting and moving to a steady beat or rhythm children learn to think mathematically.



### Understanding the world

Music is a universal language and offers opportunities to help children learn about different cultures and the world around them, both past and present.



### Expressive arts and design

Music is an expressive art in its own right and therefore children explore this area of learning when they engage in rich and varied music opportunities. This includes, exploring and making instruments and playing with sounds that different materials make.



And more important than all the links to the EYFS curriculum are the **FUN** and **MOOD BOOSTING benefits** that is achieved when making music, especially when it's brought home and shared with the wider family.

Boogie Mites share information, links and weekly music sessions for families to enjoy at home on the Boogie Mites Music Club Facebook page: [www.facebook.com/BoogieMitesMusicClub](http://www.facebook.com/BoogieMitesMusicClub)