

## Little Bears Love To Boogie

**“Boogie Mites music and movement programme has highlighted how much music can be used to support learning across all areas of the Early Years Foundation Stage. It’s given us a great resource that the practitioners and the children want to use every day, throughout the day!”**

*Amanda Martin, Manager, Little Bears Pre-Schools*



### Little Bears Pre-Schools

Situated in West Sussex, Little Bears Pre-Schools focus on providing a friendly and caring environment. Catering for all children within the community, Little Bears offers Sessional care for 46 children at its Sullington setting and Full Day care for 40 children at West Chiltington.

### Following Best Practice for Early Years

Following Early Years Foundation Stage (EYFS) framework, Little Bears aims to ensure that it continues to offer *outstanding* care and education to each child, by looking out for *best practice* and providing engaging activities so children can learn through play and achieve their full potential.

Therefore when one of the Early Years practitioners in the team returned from the annual *EYP Conference* buzzing about the Boogie Mites workshop that she had attended, covering Boogie Mites music and movement programme to support Letters & Sounds, phase one, the rest of the staff recognised that they all needed to feel the beat!

### Feeling the Beat

*“We instantly recognised in seeing her excitement that we had all got stuck in a rut with our music and our enthusiasm for the songs we were using had dwindled. For us to inspire and engage the children, we knew it is was important that we, their carers, are inspired by and enjoying our music making activities,”* commented Amanda Martin, Little Bears Pre-Schools Manager.

An initial training session was run for all the Pre-school staff, covering all the songs on the Boogie Mites music programme to support EYFS. The practitioners learnt how to lead the songs, and how each song could be used to support all areas of the EYFS curriculum. In addition they gained tips on how they could adapt the songs to suit different needs and abilities of the children they looked after; as well as linking to themed topics. *“The training instantly got all of us feeling the beat and we lost our inhibitions. It is so hands on and practical, we all finished the session equally enthused and buzzing!”*

The training was supported by a Boogie Mites teacher leading the songs with the children over the next six weeks that was really valuable to cement the learning.

## Inspiring, Adaptable and Beneficial

Little Bears practitioners have been *inspired* by Boogie Mites music programme. It has helped them to cast off fears of musicality so they can enjoy and lead music confidently. *Inspiring* the children to enjoy music and make music from anything and everything, motivated by creating their own drums and shakers.

The training has ensured that practitioners can confidently *adapt* the music to meet the needs of different ages and the individual child so that they can each fulfil their own potential. Providing a resource that all children can participate in, which Little Bears has noticed has been really *beneficial* for children with a slower rate of speech development or where English is the second language.

Furthermore the *benefits* of Boogie Mites music programme has been recognised beyond supporting children's language, communication and speech development; aiding a child's learning and providing a fantastic resource to support all areas of the EYFS; including personal development, confidence, numeracy skills, creativity and understanding of the world around them.

**“This is a fantastic resource that both the staff and the children have and continue to benefit from.”**

**Amanda Martin, Manager, Little Bears Preschools**



### What Makes Boogie Mites Different?

- ★ Original music and fabulous songs
- ★ Homemade, eco-friendly props and instruments
- ★ Creative, participative, active and flexible format
- ★ Themed songs and workshops to support learning
- ★ Many songs and activities using rhythm sticks to “feel the beat”
- ★ Cross-curricular links supporting the EYFS and endorsement from EYFS professionals and practitioners
- ★ Boogie Mites teachers passion for singing and a belief in the power of music to support Early Years Learning.

Boogie Mites offers a comprehensive range of programmes and training workshops for Practitioners, Parents and Childminders. **Contact us now** for further information and testimonials: [enquiry@boogiemites.co.uk](mailto:enquiry@boogiemites.co.uk)

To find out more about Little Bears Pre-Schools visit: [www.littlebearspre-schools.co.uk](http://www.littlebearspre-schools.co.uk)