

Benefits of a rich and varied music provision in the EYFS

Music can provide a powerful support to learning across all areas of the Early Years Foundation Stage curriculum.

- ☆ **Personal Social and Emotional Development.** Music encourages social interaction, connects children to emotions and provides a means of expression. Music can alter mood and aid confidence and self-expression. Shared music sessions encourage taking turns, helping to distribute and pack away. Working as a group to produce a good sound and follow a conductor can be a very bonding and inclusive experience.
- ☆ **Communication, Language and Literacy.** Music aids communication skills by encouraging confidence and self-expression, breaking down barriers of language. Music can aid speech and language skills and sound recognition. Music can extend vocabulary and support literacy skills through rhythm and rhyme and playing with words. Music can encourage use of expression in story telling through tempo, loud, soft, actions and mood influencing voice and expression.
- ☆ **Problem Solving, Reasoning and Numeracy.** Music is built from recurring mathematical patterns and sequences such as beat, tempo and rhythm. Children can develop mathematical thinking as they respond to this. Songs can cover counting, positional language, sequencing. Talking about size, shapes, positions and problems underpins oral development of mathematics and provides them with the language to think in.
- ☆ **Knowledge and understanding of the world.** Through the use of sound, children can learn to interact with their environment. Music provides a learning style that may inspire children to learn about the themes covered in the songs.
- ☆ **Physical development.** Music strengthens co-ordination by requiring children to use their minds, bodies and voices together. Music and movement encourages children to develop an awareness of space and positioning of themselves and others. Handling and playing instruments encourages fine motor control and co-ordination.
- ☆ **Creative development.** Music offers the opportunity for children to express and communicate ideas. Music allows children to explore sounds and interpret them. Music encourages role-play and imagination through dance and movement. Props and instruments can be made using junk and creative ideas.

Boogie Mites Music Programmes are linked to EYFS competencies and goals.